CLARE O'CONNOR



ABOUT ME

I've been caring for children and young people for over 10 years in residential childrens homes, and it's something I truly enjoy.

I think I am very nurturing and am very easy to talk to. I love being part of your journey—whether it's helping you achieve your goals, celebrating your successes, or just being there to make sure you feel safe, valued, and listened to. My job is to make sure you have every opportunity to grow and be the amazing person you are!

When I'm not working, you'll usually find me at the beach with my dog, enjoying the fresh air. Oh, and I have a serious sweet tooth—cake is definitely my weakness! I'm excited to get to know you and support you on your journey

CAREER HIGHLIGHTS

My last two roles prior to being a Reg44 visitor was Responsible Individual and Registered Manager.

Career highlights have been watching and being part of the children and young peoples lives who I've had the pleasure of caring for, grow and achieve and celebrating every success – big and small with them and teams I have had the pleasure of working with.

KEY SKILLS

- Children's Residential Practice (10+ Years) – Extensive frontline and leadership experience within children's homes, including several years as a Registered Manager and Responsible Individual. Strong understanding of regulatory compliance, safeguarding, risk management and trauma informed care.
- Regulation 44 Visitor – Skilled in completing independent visits, evaluating safeguarding effectiveness, leadership and management, care planning, incident oversight and staff practice. Able to produce clear, balanced, evidence based reports with practical recommendations.
- HR Investigations & Staff Management – Experienced in conducting HR investigations, managing performance concerns, and supporting staff through structured processes. Confident in delivering fair, transparent outcomes.
- Leadership Mentoring & Professional Supervision – Provided mentoring and supervision to managers and RIs, supporting leadership development, regulatory understanding, decision making and reflective practice.
- Safeguarding & Complex Risk Management – Highly experienced in assessing and managing high risk behaviours including substance misuse, peer influence, missing from care, exploitation and emotional vulnerability. Skilled in developing robust, practical risk management plans.
- Trauma Informed & Relational Practice – Skilled in embedding trauma informed approaches within
- staff teams, ensuring consistent, attuned and childcentred care.

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